

BUILDING OPTIMAL LEARNING ENVIRONMENTS

THE BRAIN, PERFORMANCE AND NEUROSCIENCE

The AFL Players' Association is excited to be hosting a full-day workshop session with world-renowned Adjunct Professor Pieter Rossouw, who specialises in Neuropsychotherapy, more specifically in trauma, anxiety and mood disorders.

Pieter has had an illustrious career working in private practice over the past 30 years and has worked with elite athletes via the High Performance Sport program in New Zealand and the AIS (Australian Institute of Sport) respectively, as well as a team at The America's Cup.

WHY SHOULD YOU ATTEND?

Whether you work in education, welfare, coaching or therapy it is imperative to understand how our brains and environments can dramatically influence the ways in which we work towards helping clients learn.

Incorporating the latest understandings from the field of neuropsychotherapy, this workshop is designed for people who are in a position of shaping the environments that impact the way in which we learn and function as a result. Attendance at this event will contribute 7.5 hrs to professional development.

EVENT DETAILS

Ella Latham Auditorium
Royal Children's Hospital
50 Flemington Road, Parkville, Victoria

Friday 1 December 2017, 9.00am – 4.30pm
Registration from 8.30am.
Morning and afternoon tea will be provided and access to various RCH food outlets for lunch.

LEARNING OUTCOMES

- Provide an increased understanding of neuroscience as it applies to athletes
- Develop an understanding of how environments shape the brain
- Develop an understanding of the role that we play in facilitating optimal or suboptimal learning
- Develop an understanding of the basic structures of brains and memory systems as it relates to helping athletes to adopt helpful behaviours

REGISTRATION

GENERAL ADMISSION \$320

CLICK TO REGISTER

Registrations will close on Friday 17th November
Should you have any further enquiries regarding this event please direct them to info@aflplayers.com.au



ADJ PROF
PIETER ROSSOUW



Pieter is a Director of the Mediros Unit for Neuropsychotherapy and the Neuropsychotherapy Institute - companies that provide training in Neurobiology and Neuropsychotherapy.

He is also an Adjunct Professor in brain-based education at the Central Queensland University. Currently he is involved in development of training resources in the fields of neurobiology and neuropsychotherapy as well as clinical training and supervision for clinicians, psychologists and general practitioners.

He holds Honours Degrees in Philosophy and Psychology, a Master's Degree in Clinical Psychology and a PhD. Pieter is a member of the Australian Psychological Society and the APS College of Clinical Psychologists. Pieter was a Professor in Clinical Psychology in South Africa and has also taught at universities in Canada and Holland.

He has published six scientific books and more than 60 scientific articles. He has been involved in research in extensive clinical trials and presented research papers at 40 International Conferences worldwide. Pieter's latest book, *Neuropsychotherapy: Theoretical Underpinnings and Clinical Applications* was published in 2014 and his previous book, *BrainWise Leadership*, was published in 2013 and was co-authored with Connie Henson.

He is a member of the Global Association for Interpersonal Neurobiology Studies, a member of the editorial board of the International Journal for Neuropsychotherapy and Chief Editor of 'The Neuropsychotherapist'.